Janine has helped me to maintain a high level of physical athleticism and comfort for twenty years. My rigorous career of riding, training, and competing horses in dressage and jumping demanded it.

Her "Body of Knowledge" has surpassed all expectations. I have recommended her to many friends and clients who are as thrilled as I am to have found a truly gifted and caring bodyworker.

Five stars for Janine!

Candace Regel Ramona CA