To whom it may concern:

On December 31, 2002, my wife, Jeanne Cannon, suffered a head injury when she fell from the top of a step ladder in our home. She was treated in the Trauma Unit at Palomar Hospital for a deep laceration of the left temple and a concussion. She then spent five additional days in the hospital, while the trauma surgeon and a neurologist did additional follow-up with her, as well as some physical therapy.

My background of thirty-four years in the fire service, and the former chief of a fire service paramedic system, gave me some insight into just how severe this injury was and the possibilities of long term deficits from such an injury. Physical therapy had some general benefit in balance and some mobility, but my wife chose to pursue the benefits of chiropractic therapy about one month after the injury, which did improve her condition greatly, when done in conjunction with the recommended manual lymphatic drainage, MLD, therapy.

The MLD therapy did in fact greatly relieve many of her symptoms, such as a feeling of pressure on her lower skull and neck — as well as a marked improvement in her speech and balance. Because of lack of insurance coverage for the treatments, Jeanne chose to stop the sessions prematurely and her symptoms returned.

Jeanne began MLD treatments again and the relief was immediate. By continuing the therapy for a longer period, the improvement was increased and has maintained at that level for approximately four months after the treatments had terminated. One of the surgeons who had triaged and treated Jeanne initially after her injury had occasion to talk to her some months later and stated that he felt her recovery had far exceeded what he had expected after that first encounter with her in the Trauma unit.

This was the most frightening and frustrating injury or illness that either my wife or I had ever faced. We are very grateful that MLD was recommended for Jeanne, and we are sure that it was a key to her recovery. We would be happy to share information or answer questions from interested people, so that this type of therapy becomes more accessible to patients.

Sincerely,

Jeanne M. Cannon

Gerald A, Cannon

1555 W. Washington St. Ramona, CA 92065 (760) 789-5197

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